

ETHICS AND DIVERSITY GRAND ROUNDS

Organized by the Office of Clinical & Organizational Ethics and Human Rights & Inclusion

THE COST OF CARING, THE REWARDS OF RESILIENCE

Jan 9, 2019 | 12:45 pm - 1:30 pm

MCMASTER UNIVERSITY MEDICAL CENTRE RM. 4E20



The expectation that we can be immersed in suffering and loss daily and not be touched by it is as unrealistic as expecting to be able to walk through water without getting wet.

– Dr. Rachel Naomi Remen

Join **Dr. Andrea Frolic** and **Diana Tikasz** to discuss how increasingly healthcare organizations are recognizing the links between staff/physician wellness and the quality of patient care. In this rounds, they will describe an ecological model for developing and sustaining resilience for healthcare providers working in trauma-exposed environments, including practices that can be integrated at the point of care to boost well-being and enhance the patient experience.

Click [here](#) to stream from your computer. Click private under live events and enter **username:** EGR and **password:** EGR2.

Video Conferencing Locations:

HGH Theatre Auditorium | SPH Education Conference Room 123 | JH E1-11
WLMH Boardroom | St. Joseph's Charlton Campus T23-08 Library

Questions? Contact Sue Pantitis ext. 73661 or pantitis@hhsc.ca