



**Shine**  
SUPPORTING HEALTH IN EVERYONE  
AN HHS PROGRAM



**Hamilton  
Health  
Sciences**



ShineHHS.ca

# Parents: Let's Talk Cannabis!

## Marijuana? Weed? Pot? Vaping?

### Do you have questions about the upcoming legalization of cannabis?



This lunch and learn will help you increase your knowledge on the legalization of recreational cannabis in Ontario from a public health perspective.

Melissa will cover everything from the ways it's consumed, health effects, problematic use, and prevention / harm reduction strategies with youth and young adults.

**Each session will have a prize draw for a Shine Wellness Prize Pack!**


## Mark Your Calendar!

Mon June 11	<b>JHCC</b>	12:15-12:45PM Aud A4-4
Fri June 15	<b>HGH</b>	12:15-12:45PM Marg Charters Aud
Mon June 18	<b>St. Peters</b>	12:15-12:45PM North Conference Room
Tues June 19	<b>WLMH</b>	12:15-12:45PM Boardroom
Thurs June 21	<b>KW</b>	12:15-12:45PM Room 22-009
Tues June 26	<b>MUMC</b>	12:15-12:45PM Room 4E20

**Registration**  Fill out the online form at [shinehhs.ca](http://shinehhs.ca)  Call Melissa ext. 77099



EVENT BROUGHT TO YOU BY  
**Melissa Cummings  
Shine Program**

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 (905) 521-2100 ext 77099

Melissa is the new coordinator of the Shine Wellness program and has worked for the last four years in public health supporting priority areas such as substance misuse, youth engagement, cancer prevention, mental well-being, tobacco use and alcohol misuse prevention programs. Melissa is also involved with the Ontario Public Health Collaboration on Cannabis.